

# Indian Institute of Management, Ranchi



Indian Institute of Management, Ranchi launched the "Nature Connect" initiative on the occasion of Independence Day celebrations. Through this endeavour, IIM Ranchi envisions enhancing well-being, fostering creativity, inculcating responsible consumption and nurturing resilience by embracing nature's innate qualities. Numerous studies underscore the positive impact of spending time in nature on mental health. The "Nature Connect" initiative is designed to alleviate stress, reduce anxiety, and combat depression while promoting overall well-being. By providing a sanctuary where individuals can reconnect with nature, the initiative aims to illuminate the healing potential of the natural world.